

Excursions



Vineyard Walk with Wine Tasting

A scenic walk along the lake, through the park and vineyards at Arenenberg on Lake Constance, followed by a wine tasting and regional specialities in the vaulted cellar of the Vinorama.

Duration: 3.5 hours, **Group size:** 1–30 people

Price: from CHF 74 per person

Includes Wine Guide, information about the wines and local history, tasting of 4 wines, non-alcoholic beverages and aperitif platters.

Lake Constance Boat Tour with Wine Stops

A full-day tour combining a boat trip on Lake Constance with selected wine stops.

Group size: 8–16 people, **Price:** from CHF 219 per person
Includes boat trips, guide/Wine Guide, wine tastings and lunch.



Boat Charter: Cruise with Wine Tasting & Aperitif Buffet

For groups of 25 or more: a **private cruise** on Lake Constance, either on the Upper Lake or Lower Lake, with a selection of exceptional wines from the Lake Constance region and a generous antipasti buffet.

Example: 2.5 hours, group size: 25–50 people

Price: from CHF 189 per person

Includes a guided tasting of 8 wines with information about the wines and their history, non-alcoholic beverages and an aperitif buffet.

Cooking Workshops

Lake Constance / Thurgau

Traditional dishes from different regions around Lake Constance, based on historical recipes as well as modern interpretations.

Duration: 3,5 hours, **group size:** 12–25 people

Price: from CHF 145 per person

Includes aperitif, cooking session, beautifully set table and recipes.



Napoleon

Experience dining as in Napoleon's time. Explore food culture in the 18th and 19th centuries, with a particular focus on the French court.

Duration: 3,5 hours, **group size:** 12–25 people

Price: from CHF 145 per person

Includes aperitif, cooking session, beautifully set table and recipes.



The Council of Constance

The Council of Constance 600 years ago: the mega-event of the Middle Ages. Featuring recipes from this fascinating period.

Duration: 3,5 hours, **group size:** 12–25 people

Price: from CHF 145 per person

Includes aperitif, cooking session, beautifully set table and recipes.

Aperitif & Cocktails

Aperitif! A selection of delicious small bites served as a tavolata, accompanied by classic cocktails – with or without alcohol.

Duration: 3,5 hours, **group size:** 12–25 people

Price: from CHF 145 per person

Includes aperitif, cooking session, beautifully set table and recipes.

Fermentation – Preserving Vegetables

Slow fermentation of vegetables is one of the oldest and most valuable methods of food preservation.

Duration: 2 hours, **group size:** 8–25 people

Price: from CHF 110 per person

Includes aperitif, beverages, vegetables, preserving jars, recipes and workshop materials.

Locations:

Agricultural Education Centre, Salenstein
Engel's Fruchtehof, Mammern



Guided Tours

Zurich “Bars & Churches”

Both bars and churches continue to shape Zurich today. They are essential meeting places within an urban culture rooted in the values of the Reformation.

Discover Zurich’s city history, the Reformation, churches, the Old Town, famous bars and their guests.



Duration: 1.5 hours, **group size:** 2–12 people

Price: from CHF 34 per person

Extended tour: 2.5 hours, 2–6 people, CHF 79 per person
Includes admission to the Fraumünster Church with its Chagall windows, a visit to one bar and one drink.



Stein am Rhein, St. George’s Abbey & Werd Island

Explore the medieval town of Stein am Rhein, directly on the Rhine, with its beautifully painted historic houses, the former

Benedictine St. George’s Abbey and Werd Island. The tour includes a wine tasting at Florin Wein and a snack at Kunstschr, directly on the Rhine.

With boat trip: 9:45 a.m. (departure from Ermatingen) to 5:30 p.m.

Group size: 2–12 people, **price:** from CHF 179 per person
Includes boat trip Ermatingen–Stein am Rhein, guided tours of the old town, Abbey Museum and Werd Island, lunch and wine tasting.

Without boat trip: 11:30 a.m. to 5:30 p.m.

Group size: 2–12 people, **price:** from CHF 164 per person
Includes guided tours of the old town, Abbey Museum and Werd Island, lunch and wine tasting.

Presentations

* The Development of Food Culture from the Romans to the Present Day

* The History of Wine on Lake Constance

* Porridge, Fish & Cider: Everyday Life in Thurgau

* The Famine of 1815–1817 in the Canton of Thurgau: Causes & Measures



Speaker:

Karin Peter,

MAS Applied History Universität Zürich

Speech duration: 40–50 minutes

Fee: CHF 450

Plus any additional expenses.